

# How to Back Up Data?

Losing precious data because of a serious computer problem or a hard disk failure is discouraging, to say the least. You might lose family photos, your music collection, or financial data. There's plenty of software out there that promises data recovery, however, there's no guarantee that you'll be able to restore those data.

However, a little prevention can go a long way to avoiding this ordeal. To help save you lots of time and aggravation, we recommend that you take the precaution of regularly backing up your data and settings.

To Back Up data manually, you can follow the steps below:

1. Click Start icon, click Computer and then double-click the drive where you currently have Windows installed.
2. Open the Users folder, and then open the user folder that contains the files that you want to back up.
3. Copy the necessary folders from the user folder to a network location or to removable media

However, computer settings may vary, depends on the Windows OS installed in your computer, therefore we highly recommend to contact us now so we can help you with the said procedure.

Email: [support@restoro.com](mailto:support@restoro.com)

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