

# How to adjust power and sleep settings

To adjust power and sleep settings in Windows 10, go to **Start** , and select **Settings** > **System** > **Power & sleep**.

- Under **Screen**, select how long you want your device to wait before turning the screen off when you're not using your device.
- Under **Sleep**, select how long you want your device to wait before going to sleep when you're not using it.

For more power saving options, select **Additional power settings** to change how your device uses power.

*If you encounter some difficulties along the way, considering you have already purchased Restoro or you are someone who is in need of assistance on your computer, please contact our support and they will be happy to help you.*

**Email:** support@restoro.com

**Phone:** 1-888-575-7583

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